

# SU GOLOGONE

**EXPERIENCE HOTEL** 

SARDINIA • ITALY

# active experiences



Che sea casts it spell in sensational Sardinia, but beyond beach perfections where swimming is a delight, you can take up a world of varying, interesting sports, from hiking to climbing, kayaking to cycling and mountain bikes, horse riding, naturals wondering being your trusted companions. Experiences you will not easily forget.

Visit Cala Luna once and its memory will stay with you forever. Hiking in the green mountainous interior and then along fabulous stretches of coast is superb.

# Cala Luna

Gola Su Gorropu

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Sardinia's most spectacular gorge, Gola Su Gorropu is Europe's answer to the Grand Canyon.

Located in the Supramonte area between Orgosolo and Urzulei, the force of the Rio Flumineddu stream shaped this 1,5km-long ravine over the centuries, running along 500-metre-high walls.

Covered with juniper trees and centuries-old juniper trees, you can admire Pischina Urtaddala, a pond where subterranean waters stream, along with deep sinkholes, caves and cliffs that make up a riveting display of unexpected marvels. A precious gem of biodiversity, be fully equipped to walk its trails as the landscape encompasses challenging stretches of rocks in a spectacular setting that seems too good to be true. Cedrino is the longest and most important river of Sardinia, a magical river for kayaking and canoeing. This is a real adventure ideal to discover the inland of Sardinia.

The mysterious Nuragic village of Tiscali, deep in the heart of the Supramonte, has bewildered historians ever since its discovery in the late 19th century. You can only see it once you walk an arduous two-hour trail, but the effort will be worth it: you will be met with a remarkable sight, perhaps one of the most unexpected in Sardinia. Holm oaks surround stone foundations and create a magical atmosphere that defies the test of times.



## Cedrino

### 7 nights

7 nights in bed and breakfast 1 aperitif at Magic Tablao

7 dinners at Su Gologone Restaurants

**Typical Restaurant** Vegetable Garden Bread's Nest Sos Nidos

#### active experiences

1 hiking to Su Gorropu Canyon 1 canoeing on Cedrino river 1 hiking to Tiscali 1 horse riding experience, 2 hours 1 hiking to Cala Luna and beach picnic (return by boat)

1 wine tasting 1 anti-fatigue massage 1 star gazing at the Su Gologone Terrace of Dreams With the aid of the amateur astronomer group of Sassari and their telescopes, it will be possible to see the stars and the planets of the celestial vault

Informations and reservations tel +39 0784 287512 booking@sugologone.it

active experiences



### 4 nights

#### 4 nights in bed and breakfast1 aperitif at Magic Tablao

#### 4 dinners at Su Gologone Restaurants Typical Restaurant Vegetable Garden Bread's Nest Sos Nidos

#### food&wine experiences 1 hiking to Su Gorropu Canyon 1 canoeing on Cedrino river 1 hiking to Tiscali

wine tasting
anti-fatigue massage

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